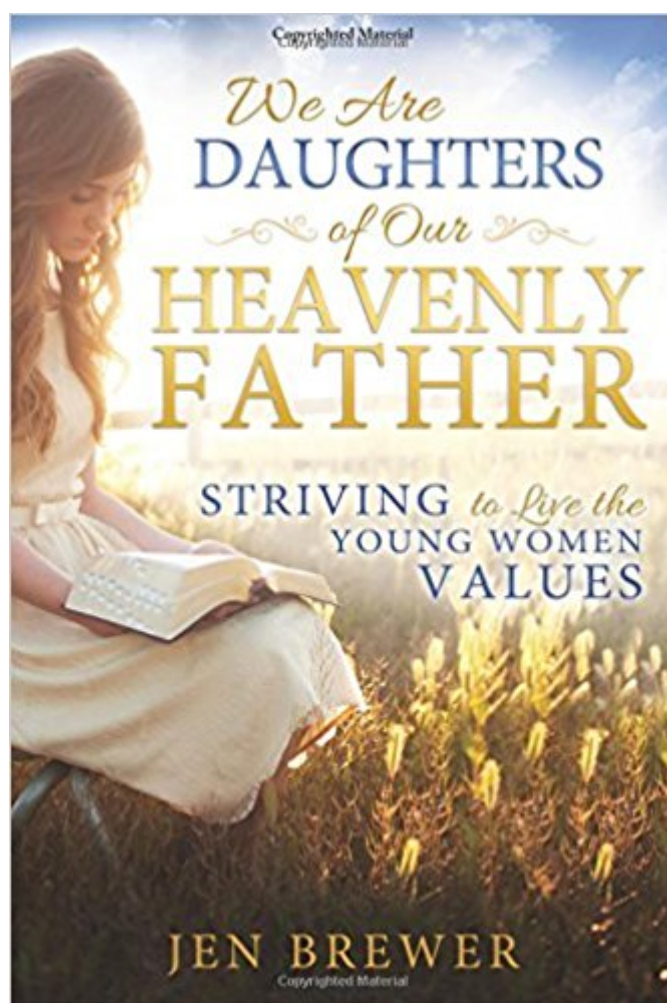


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# We Are Daughters Of Our Heavenly Father: Striving To Live The Young Women Values



## Synopsis

Learn the importance of the words you repeat each week. This inspirational book helps you better understand the Young Women theme by breaking down each section and sharing the story of how and why the theme was created. Discover your divine potential and how important you are in God's plan! Thought provoking and uplifting, this book offers new insights for parents, leaders, and all young women.

## Book Information

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## Customer Reviews

This book goes into what the Young Women Theme really means and how it came about and why. Each chapter gives examples, scriptures, stories and additional resources to look at. In the back of the book are questions with room to write goals, what you want to know, what questions do you want to find answers to. (If you get the ebook than write the questions down in journal or notebook just for that.) I did not take the time to answer the questions but would love to go back and read again slower and ponder. First few chapters really meant a lot to me. Just really needed to read that last night. Telling us that we are daughters of our Heavenly Father. He loves each of us and knows us. That he sent Jesus down so we can be saved. That he paid the price for our sins. If I was the only one on this planet he would still send down our Savior for me and for you. Because he overcame death we can return one day to our Father in Heaven. These values are to help us all to come closer to our Savior, to return someday to our Heavenly Father. To be better daughters and someday mothers. Too realize how special everyone is and loved. One quote I wrote down for me is Don't be just a Sunday Saint be a Weekday Warrior! Meaning live your religion all week and not just

on Sundays. This book is written for LDS Young Women but the values and principles can be for anyone. The Young Women stand up every Sunday and quote this together. I put the theme down on the bottom of blog if anyone wants to copy it feel free to. I am glad that I got to read this uplifting book. I know it meant a lot to me and touched me deeply. So thank you for writing this book for me. I was given a copy of this ebook to read for free from Cedar Fort Publishers. In return I agreed to give a honest review of *We Are Daughters of Our Heavenly Father* and be part of it's blog tour.

I was interested to read a book about the Young Women theme. As a member of The Church of Jesus Christ of Latter-day Saints, the young women (girls ages 12-18) have an opportunity to repeat a theme each Sunday. When I first started attending young women, the theme would change every year. This theme was introduced before I graduated from high school and has been repeated every Sunday ever since. There have been a couple of additions over the years and the author did a great job explaining why those were added. The theme itself is: We are daughters of our Heavenly Father, who loves us, and we love Him. We will "stand as witnesses of God at all times, and in all things, and in all places" (Mosiah 18:9) as we strive to live the Young Women values, which are: Faith, Divine Nature, Individual Worth, Knowledge, Choice and Accountability, Good Works, Integrity and Virtue. We believe as we come to accept and act upon these values, we will be prepared to strengthen home and family, make and keep sacred covenants, receive the ordinances of the temple, and enjoy the blessings of exaltation. In this book, the author breaks down each phrase and value, using stories, examples and scriptures to help give more insight into what the theme means. At the end of each chapter, she asks questions and gives space to write down thoughts, impressions and goals. There are also additional references to help with independent study. I enjoyed reading the author's insights into each of these phrases. I've never thought to break it down myself so I'm glad she did! My daughter will be turning 12 soon and this will be an excellent book for her to read! I feel that I have a better understanding of the theme after reading this book and know that there's much more to learn about it. As we women, whether young or old(er), strive to internalize these values, we will truly understand what it means to be a daughter of Heavenly Father and live and act accordingly. This is a book I will be reading multiple times and will encourage my daughter to continuously read it as well!!! I received a copy of this book to review. My opinion is 100% my own.

My daughter was entering the YW program and this book was great for her. She took her time to read carefully through, but it can also be enjoyed by adults reading through the principles that are

taught. Great book!

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